

# CATHANCE RIVER TRAILS

## Cathance River Nature Preserve & Head of Tide Park

Please stay on trails and respect privately-owned land to ensure continued access.  
 No bikes or motorized vehicles.  
 No dogs permitted in Cathance River Nature Preserve.



- Cathance River Nature Preserve (No Dogs)
- Head of Tide Park
- Other Conserved Lands
- Roads
- Cathance River Trail
- Other Trails
- CREA Ecology Center
- Parking

|                                 |      |
|---------------------------------|------|
| Barnes Leap Trail.....          | 0.27 |
| Beaver Trail .....              | 0.16 |
| Blueberry Trail .....           | 0.04 |
| Carla's Cutoff .....            | 0.04 |
| Cathance River Trail            |      |
| West of Clay Brook Bridge.....  | 1.56 |
| East of Clay Brook Bridge ..... | 1.35 |
| Heath Access Trail.....         | 0.13 |
| Heath Outlet Trail .....        | 0.63 |
| Highland Trail.....             | 0.58 |
| Pond Trail.....                 | 0.12 |
| Rapids Trail .....              | 0.18 |
| Ravine Loop .....               | 0.76 |
| Rensenbrink Way.....            | 0.10 |
| Rogers Trail .....              | 0.42 |

Trail mileage, one-way:

